

HEALING THE NATION PRAYER BOOK



Second Edition (scriptures in ENGLISH)

By

LINDA GOBODO

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DEDICATION

I dedicate this book to My Lord and King, Jesus Christ of Nazareth who is the Lord who heals us and the Chief Physician. *(Exodus 15:26).*

Thank you Lord, for giving me Your burden for Nations and an answer of peace, that Nations will not be aligned to their destinies until they deal with their wounds so that they may be healed.

Lord, remove the covering cast over your people and the veil that is spread over all Nations (Isaiah 25:7).

Open their eyes and their ears that they may understand with their hearts and turn, so that you may heal them *(Matthew 13:14-17)*.



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Introduction

Vuka Africa Foundation declares and heralds the message of HOPE, HEALING AND RESTORATION to Africa and to the Nations of the World. This message is brought in song, dance, word and print.

What you have in your hand is the printed version of the message. Read the message, study and meditate on the word of the Lord until you believe it and live it out. The word of the Lord is life and truth.

Jesus Christ our Lord is the way, the truth and the life (John 4:6). He is the word of God that became flesh (John 1:1-18). He came that we may have life, not just life but abundant life and not just abundant life but eternal life (John 10:10; 3:16). The word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart (Hebrews 4:12)

This is the very reason why the Lord sent His word; He knew that if we fill ourselves with the word, the word will bring life to our mortal bodies. He knew that we shall know the truth (the word of God is truth, **John 17:17**) and the knowledge of the truth shall set us free from the bondage, the torment and the oppression of the evil one **(John 8:32).**

When Joshua took over from Moses, the Lord told him not to allow the book of the law (the word) to depart from his sight, but to meditate on it day and night in order for him to be prosperous and to have good success in his assignment *(Joshua 1:8,9).* The word of God gives strength, courage and brings prosperity and success to your life.



After meditating on the word you must do all that is written in it. James says do not be hearers of the word only, but be doers of the word *(James 1:22).*

Wisdom is the knowledge of the truth and the ability to apply the word you know in any given situation, therefore get wisdom and in your getting, get understanding. *(Proverbs 4:7).*

The Lord gave South Africans the gift of song and dance as a redemptive gift. The Lord gave us these gifts for a purpose; therefore, we must seek to know the purpose of the gifts lest we abuse the gift and perish in our ignorance. These gifts are so abundant in our Nation that we turn to take them for granted and not use them to worship the giver of the gift and to bless Nations.

The gifts are a blessing from the Lord, the Lord blesses so that you may be a blessing to the many Nations *(Genesis 12:1-3)*

The calling upon Vuka Africa Foundation is to be a herald like John the Baptist and to release songs of healing and restoration to create awareness of the time we are living in as a people and as a Continent. No one can deny that a New Africa is rising, and that Africa has the fastest growing economies. This tells you that it is Africa's time; therefore Africa should rise and shine **(Isaiah 60:1-3).**

As we go we call Africa to arise, to lead and to build Her ruins and Her desolations, and not to miss Her time of visitation and blessing - "And they shall rebuild the old ruins, They shall raise up the former desolations, And they shall repair the ruined cities, The desolations of many generations" (Isaiah 61:4).

Prophetically South Africa is the feet of Africa, destined to take Africa to Her divine prophetic destiny. She is called for the healing of the Nations



as well *(Revelations 22:2).* Nations are waiting for South Africa to rise up and to fulfil Her God given purpose.

The Lord revealed to me that South Africa is wounded, She is bleeding, she is broken and is suffering severe pain because of Her past. She needs to be healed first before she can GO to bring healing to the Nations. The Lord also revealed that the people, He is sending us to, have been robbed and plundered. All of them are snared in holes, and they are hidden in prison houses; they are a prey, and no one delivers for plunder, and no one says "Restore!" *(Isaiah 42:22).* The Lord will restore the Nations as we go releasing prayer and songs of healing.

The Kingdom of God has come upon you; the will of God will be done in your life. The glory, restoration, healing and change have come to you.

"Sing, O barren, You who have not borne! Break forth into singing, and cry aloud...." (Isaiah 54:1)



Word Treatment

Further Instructions on how to do the 100 day treatment:

There are 100 scriptures in this book, take the 100 scriptures every day for 100 days.

Healing will come through prayer, worship and the word. As mentioned before, the book is a take home.

The Chief Physician has prescribed this treatment for our woundedness, brokenness, hurts, anger, sickness and diseases. The prescription is as follows:

<u>Three pills a day:</u>

- > One tablet of Hope
- One tablet of Healing
- One tablet of Restoration

Take this treatment every day for 100 days without breaking.

Read the word aloud, pray and meditate on the word and **ENSURE THAT YOU FINISH THE COURSE**.

The word of God shall heal and deliver you mentally, emotionally, spiritually and physically.

Psalms 107:20 - I sent my word and healed them and delivered them from their destruction.

3 John 1:2 - Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.



Joshua 1:8 - This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

May you experience healing and restoration during this treatment.

NB: When you get healed, please share your testimony with us by sending us an email to <u>info@vukaafricafoundation.co.za</u>. Go present yourself to your Pastor and share with others as well according to the word of God in Luke 12:38, 39; and 17:14

Be sure to glorify our King Jesus Christ who has healed you.

Know for sure that the Kingdom of God has come upon you. (Matthew 12:28)



Vuka Africa CD

The Lord released songs to the Vuka Africa foundation through Apostle Linda Gobodo, which then culminated into the release of the Vuka Africa CD. The songs contained in this CD are songs of hope, healing and restoration, and each song speaks into how the Lord will do this. In no particular order, please see the songs below and the scriptures that have inspired the songs.

Track No 1. You Caused My Past

Genesis 41:50-57; 48:20 (read from verse 13-20 for more understanding): the key for this perpetual blessing is the meaning of the names of the sons of Joseph: Manasseh which means forgetfulness and Ephraim meaning fruitfulness. The Lord will make you fruitful in the land of your affliction. Because of this blessing, ask the Lord to cause your past to be forgotten and your future to be fruitful.

Track No 2. Be Still and Know

Psalms 46 (read with Revelations 22:1-5; Ezekiel 47:1-12 which are the founding scriptures for the Healing the Nations Campaign). God has given South Africans the gift of song and dance as redemptive gifts because we are called for the healing of the Nations. We need to be healed first before we can take healing to the Nations that have been waiting for us for the longest time. "Be Still" is not a call for silent worship, it is the voice of God addressing the wicked one who deceives and blinds Nations, with a warning saying "It is I God, who will be exalted in victory, you do not have a chance of winning". That makes this song one for warfare: IT IS A WARFARE SONG.



Track No 3. If My People

2 Chronicles 7:10, 14 (read the whole chapter for more understanding): The people of God are the only ones the Lord will listen to when there are challenges in the Nations. When they repent

God will listen to them and will heal the land (read above scripture with Psalm 85). This song is also a prayer to ask the Lord for revival. When revival comes, the glory of God will be revealed. When people see the glory of the Lord, they will believe in Him and will follow Him.

Track No 4. Stand Still

2 Chronicles 20:14-17 (read the whole chapter): When Jehoshaphat was facing war against three Nations, he fasted and prayed to God and the whole Nation with him. The Lord answered their prayer and told them they will not fight, for this battle is the Lord's, who is present with them. Jehoshaphat put the singers in front to go to war and, as they worshiped, the Lord destroyed their enemies and gave them the spoils. This confirms the power of true worship: it unlocks wealth and brings healing. This is another war song. The war is on and the war is the war of God's presence and the war of the revelation of God's glory. The enemy does not want people to see God's presence and His glory because He knows that He will lose them and they will follow the Lord.

Track 5: Be Ready

Revelation 19:11-16. This is a song of declaration of the second coming of the Lord. Nations must be ready because the Lord is coming to judge the world.



Track 6: Send Rain

Job 38:9, 26, and 34; (read the whole chapter and know who God is). He created all things; therefore, we should worship God. We know such worship will cause the Lord to come and dwell with us and to establish His throne here on earth. Other scriptures: 1 Kings 18:1, 44, 45; Ecclesiastes 11:3; Zechariah 10:1. This song is a prayer for revival.

Track 7: All the Host of Heaven

Revelation 4, 5; these two chapters reveal to us the worship that goes on in heaven day and night. They are scriptures of worship. The Lord sits on His throne and is worshipped day and night. David understood this; hence He established a tabernacle and appointed worshippers to worship the Lord so that His presence remains with them (called the tabernacle of David see 1 Chronicles 16).

Track 8: The Lord will Restore

Jeremiah 29:10-14; 33:6-14 (read Jeremiah 31-33; Ezekiel 34:23-31; 36). This is a promise of restoration from the Lord. There is a condition to it though; if you seek the Lord with all your heart, He will visit you and will reveal your destiny or the destiny of your Nation. When He comes He will restore you.

Track 9 & 10: Africa Arise and Lead

Isaiah 60: The Lord told me to release the word over the Nation and the song is the Vuka Africa theme song on which the vision is based.
The founding Scriptures of Vuka Africa are the following: Isaiah 49:8, 9; 58:12; 60; 61:4; Amos 5:21 24; 9:14; Nehemiah 2:17-20.

The people to whom the Lord is sending the foundation, have been oppressed for so long such that' even though they are liberated now,



they don't believe their circumstances will ever change. He is sending us to declare and to herald that He will restore them. So we are crying out to the Lord restore, restore - *Isaiah 42:22*.

The Lord also said we must sing the hymns from the Methodist Hymn book because' though the songs were written in the 1800's, they were inspired by the Holy Spirit and they have been used for public worship ever since, irrespective of denomination.

The songs He gave us are revealing the power of the word of God - Hymn no 114 & 118 and No 116 which was specifically written by Tiyo Soga as a prayer, asking God to remember His covenant.

"Nkosi Sikelela iAfrika" was composed by Enoch Sontonga in 1897 as a prayer to God to bless Africa and to pour down His spirit. The song became the anthem of the oppressed in South Africa. Though we were separated from the rest of the Continent the Lord made us to pray for Africa because He has called us to take the Continent to Her destiny. Now is the time for South Africa to fulfil Her divine prophetic destiny. This prayer became an anthem of a few Nations in Africa.

After 1994 the New South Africa took parts of this song in new national Anthem and left out the part that invited the Holy Spirit to come. The Lord told us to sing the original 'Nkosi Sikelela iAfrika' as a Prayer for Africa saying, He has not changed His mind regarding SA's call to pray for Africa through the words of this song.







Hope, Healing and Restoration

DAY 1

Hope: Hosea 2:15

¹⁵ I will return her vineyards to her and transform the Valley of Trouble into a gateway of hope. She will give herself to Me there, as she did long ago when she was young, when I freed her from her captivity in Egypt.

Healing: Malachi 4:2

² "But for you who fear My name, the Sun of Righteousness will rise with healing in His wings. And you will go free, leaping with joy like calves let out to pasture.

Restoration: Ezekiel 36:25-28

²⁵ "Then I will sprinkle clean water on you, and you will be clean. Your filth will be washed away, and you will no longer worship idols. ²⁶ And I will give you a new heart, and I will put a new spirit in you. I will take out your stony, stubborn heart and give you a tender, responsive heart. ²⁷ And I will put My Spirit in you so that you will follow My decrees and be careful to obey My regulations. ²⁸ "And you will live in Israel, the land I gave your ancestors long ago. You will be My people, and I will be your God.



Hope: Psalm 126:1-3

¹ When the LORD brought back His exiles to Jerusalem, it was like a dream! ² We were filled with laughter, and we sang for joy. And the other nations said, "What amazing things the LORD has done for them." ³ Yes, the LORD has done amazing things for us! What joy!

Healing: Luke 10:8-9

⁸ "If you enter a town and it welcomes you, eat whatever is set before you. ⁹ Heal the sick, and tell them, 'The Kingdom of God is near you now.'

Restoration: Job 22:27-30

²⁷ You will pray to Him, and He will hear you, and you will fulfil your vows to Him. ²⁸ You will succeed in whatever you choose to do, and light will shine on the road ahead of you. ²⁹ If people are in trouble and you say, 'Help them,' God will save them. ³⁰ Even sinners will be rescued; they will be rescued because your hands are pure."

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Hope: Lamentations 3:26

²⁶ So it is good to wait quietly for salvation from the LORD.

Healing: Jeremiah 32:27

27 "I am the LORD, the God of all the peoples of the world. Is anything too hard for me?

Restoration: Ruth 4:15

¹⁵ May He restore your youth and care for you in your old age. For he is the son of your daughter-in-law who loves you and has been better to you than seven sons!"

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Hope: Romans 12:12

12 Rejoice in our confident hope. Be patient in trouble, and keep on praying.

Healing: Jeremiah 17:14

¹⁴ O LORD, if you heal me, I will be truly healed; if you save me, I will be truly saved. My praises are for you alone!

Restoration: John 14:13–14

¹³ You can ask for anything in My name, and I will do it, so that the Son can bring glory to the Father. ¹⁴ Yes, ask Me for anything in My name, and I will do it!

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Hope: Romans 15:13

¹³ I pray that God, the source of hope, will fill you completely with joy and peace because you trust in Him. Then you will overflow with confident hope through the power of the Holy Spirit.

Healing James 5:16

¹⁶ Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.

Restoration Jeremiah 33:9

9 Then this city will bring Me joy, glory, and honour before all the nations of the earth! The people of the world will see all the good I do for My people, and they will tremble with awe at the peace and prosperity I provide for them.



Hope: Jeremiah 29:11

¹¹ For I know the plans I have for you," says the LORD. "They are plans for good and not for disaster, to give you a future and a hope.

Healing: 1 Peter 2:24

²⁴ He personally carried our sins in His body on the cross so that we can be dead to sin and live for what is right. By His wounds you are healed.

Restoration: Isaiah 41:10

¹⁰ Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with My victorious right hand.

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Hope: 1 Thessalonians 2:19

¹⁹ After all, what gives us hope and joy, and what will be our proud reward and crown as we stand before our Lord Jesus when He returns? It is you!

Healing: Isaiah 53:5

⁵ But He was pierced for our rebellion, crushed for our sins. He was beaten so we could be whole. He was whipped so we could be healed.

Restoration: Jeremiah 31:18-19

¹⁸ I have heard Israel saying, 'You disciplined me severely, like a calf that needs training or the yoke. Turn me again to you and restore me, for you alone are the LORD my God. ¹⁹ I turned away from God, but then I was sorry. I kicked myself for my stupidity! I was thoroughly ashamed of all I did in my younger days.'

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Hope: Deuteronomy 31:6

⁶ So be strong and courageous! Do not be afraid and do not panic before them. For the LORD your God will personally go ahead of you. He will neither fail you nor abandon you."

Healing: Matthew 8:1-4

¹ Large crowds followed Jesus as He came down the mountainside. ² Suddenly, a man with leprosy approached Him and knelt before Him. "Lord," the man said, "if you are willing, you can heal me and make me clean." ³ Jesus reached out and touched him. "I am willing," He said. "Be healed!" And instantly the leprosy disappeared. ⁴ Then Jesus said to him, "Don't tell anyone about this. Instead, go to the priest and let him examine you. Take along the offering required in the law of Moses for those who have been healed of leprosy. This will be a public testimony that you have been cleansed."

Restoration: Deuteronomy 30:3

³ then the LORD your God will restore your fortunes. He will have mercy on you and gather you back from all the nations where He has scattered you. ⁴ Even though you are banished to the ends of the earth, the LORD your God will gather you from there and bring you back again. ⁵The LORD your God will return you to the land that belonged to your ancestors, and you will possess that land again. Then He will make you even more prosperous and numerous than your ancestors!



Hope: Isaiah 40:31

³¹ But those who trust in the LORD will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint. But those who trust in the LORD will find new strength.

Healing: Psalm 103:2-4

² Let all that I am praise the LORD; may I never forget the good things He does for me. ³ He forgives all my sins and heals all my diseases. ⁴ He redeems me from death and crowns me with love and tender mercies.

Restoration: John 10:10

¹⁰ The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life.

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Hope: 1 Corinthians 13:6-7

⁶ It does not rejoice about injustice but rejoices whenever the truth wins out. ⁷ Love never gives up, never loses faith, is always hopeful, and endures through every circumstance.

Healing: James 5:14

14 Are any of you sick? You should call for the elders of the church to come and pray over you, anointing you with oil in the name of the Lord.

Restoration: Jeremiah 32:14-15

¹⁴ "This is what the LORD of Heaven's Armies, the God of Israel, says: 'Take both this sealed deed and the unsealed copy, and put them into a pottery jar to preserve them for a long time.' ¹⁵ For this is what the LORD of Heaven's Armies, the God of Israel, says: 'Someday people will again own property here in this land and will buy and sell houses and vineyards and fields.""



Hope: Psalm 39:7

7 And so, Lord, where do I put my hope? My only hope is in you.

Healing: Matthew 9:4-8

⁴ Jesus knew what they were thinking, so He asked them, "Why do you have such evil thoughts in your hearts? ⁵ Is it easier to say 'Your sins are forgiven,' or 'Stand up and walk'? ⁶ So I will prove to you that the Son of Man has the authority on earth to forgive sins." Then Jesus turned to the paralyzed man and said, "Stand up, pick up your mat, and go home!" ⁷ And the man jumped up and went home! ⁸ Fear swept through the crowd as they saw this happen. And they praised God for giving humans such authority.

Restoration: Psalm 71:20-21

20 You have allowed me to suffer much hardship, but you will restore me to life again and lift me up from the depths of the earth. ²¹ You will restore me to even greater honour and comfort me once again.

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Hope: Mark 9:22-24

²² The spirit often throws him into the fire or into water, trying to kill him. Have mercy on us and help us, if you can." ²³ "What do you mean, 'If I can'?" Jesus asked. "Anything is possible if a person believes." ²⁴ The father instantly cried out, "I do believe, but help me overcome my unbelief!"

Healing: 3 John 1:2

² Dear friend, I hope all is well with you and that you are as healthy in body as you are strong in spirit.

Restoration: Jeremiah 30:1-3

¹ The LORD gave another message to Jeremiah. He said, ² "This is what the LORD, the God of Israel, says: Write down for the record everything I have said to you, Jeremiah. ³ For the time is coming when I will restore the fortunes of My people of Israel and Judah. I will bring them home to this land that I gave to their ancestors, and they will possess it again. I, the LORD, have spoken!"

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Hope: Proverbs 10:24

²⁴ The fears of the wicked will be fulfilled; the hopes of the Godly will be granted.

Healing: Psalm 73:26

²⁶ My health may fail, and my spirit may grow weak, but God remains the strength of my heart; He is mine forever.

Restoration: Philippians 4:19

¹⁹ And this same God who takes care of me will supply all your needs from His glorious riches, which have been given to us in Christ Jesus.



Hope: Proverbs 23:18

¹⁸ You will be rewarded for this; your hope will not be disappointed.

Healing: Psalm 147:3

³He heals the broken-hearted and bandages their wounds.

Restoration: Joel 2:25-26

²⁵ The LORD says, "I will give you back what you lost to the swarming locusts, the hopping locusts, the stripping locusts, and the cutting locusts. It was I who sent this great destroying army against you. ²⁶ Once again you will have all the food you want, and you will praise the LORD your God, who does these miracles for you. Never again will My people be disgraced.

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Hope: Romans 8:24-25

²⁴ We were given this hope when we were saved. If we already have something, we don't need to hope for it. ²⁵ But if we look forward to something we don't yet have, we must wait patiently and confidently.

Healing: Matthew 10:1

¹Jesus called His twelve disciples together and gave them authority to cast out evil spirits and to heal every kind of disease and illness.

Restoration: Psalm 51:12

¹² Restore to me the joy of your salvation, and make me willing to obey you.



Hope: Jeremiah 17:7

⁷ "But blessed are those who trust in the LORD and have made the LORD their hope and confidence.

Healing: Proverbs 17:22

²² A cheerful heart is good medicine, but a broken spirit saps a person's strength.

Restoration: Zechariah 1:17

¹⁷ "Say this also: 'This is what the Lord of Heaven's Armies says: The towns of Israel will again overflow with prosperity, and the Lord will again comfort Zion and choose Jerusalem as His own."

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Hope: Proverbs 10:28

²⁸ The hopes of the Godly result in happiness, but the expectations of the wicked come to nothing.

Healing: Matthew 10:8

⁸ Heal the sick, raise the dead, cure those with leprosy, and cast out demons. Give as freely as you have received!

Restoration: Acts 3:19-21

¹⁹ Now repent of your sins and turn to God, so that your sins may be wiped away. ²⁰ Then times of refreshment will come from the presence of the Lord, and He will again send you Jesus, your appointed Messiah. ²¹ For He must remain in heaven until the time for the final restoration of all things, as God promised long ago through His holy prophets.

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Hope: Psalm 71:14

¹⁴ But I will keep on hoping for your help; I will praise you more and more.

Healing: Deuteronomy 7:15

¹⁵ And the Lord will protect you from all sickness. He will not let you suffer from the terrible diseases you knew in Egypt, but He will inflict them on all your enemies!

Restoration: Job 42:10

¹⁰ When Job prayed for his friends, the Lord restored his fortunes. In fact, the Lord gave him twice as much as before!

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Hope: Proverbs 13:12

¹² Hope deferred makes the heart sick, but a dream fulfilled is a tree of life.

Healing: Jeremiah 30:17

¹⁷ I will give you back your health and heal your wounds," says the LORD."For you are called an outcast— 'Jerusalem for whom no one cares.""

Restoration: 1 John 5:4

⁴ For every child of God defeats this evil world, and we achieve this victory through our faith.

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Hope: Hebrews 11:1

¹ Faith shows the reality of what we hope for; it is the evidence of things we cannot see.

Healing: Acts 4:30

30 Stretch out your hand with healing power; may miraculous signs and wonders be done through the name of your holy servant Jesus."

Restoration: Mark 11:24

²⁴ I tell you, you can pray for anything, and if you believe that you've received it, it will be yours.

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Hope: 1 Peter 3:15

¹⁵ Instead, you must worship Christ as Lord of your life. And if someone asks about your hope as a believer, always be ready to explain it.

Healing: Jeremiah 33:6

⁶ "Nevertheless, the time will come when I will heal Jerusalem's wounds and give it prosperity and true peace.

Restoration: Revelations 21:1-5

¹ Then I saw a new heaven and a new earth, for the old heaven and the old earth had disappeared. And the sea was also gone. ² And I saw the holy city, the new Jerusalem, coming down from God out of heaven like a bride beautifully dressed for her husband. ³ I heard a loud shout from the throne, saying, "Look, God's home is now among His people! He will live with them, and they will be His people. God Himself will be with them. ⁴ He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain. All these things are gone forever." ⁵ And the one sitting on the throne said, "Look, I am making everything new!" And then He said to me, "Write this down, for what I tell you is trustworthy and true."

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Hope: Hebrews 11:10-11

¹⁰ Abraham was confidently looking forward to a city with eternal foundations, a city designed and built by God. ¹¹ It was by faith that even Sarah was able to have a child, though she was barren and was too old. She believed that God would keep His promise.

Healing: Proverbs 4:20-22

²⁰ My child, pay attention to what I say. Listen carefully to my words. ²¹ Don't lose sight of them. Let them penetrate deep into your heart, ²² for they bring life to those who find them, and healing to their whole body.

Restoration: 1 Peter 5:10

¹⁰ In His kindness God called you to share in His eternal glory by means of Christ Jesus. So, after you have suffered a little while, He will restore, support, and strengthen you, and He will place you on a firm foundation.



Hope: Job 14:7-9

⁷ "Even a tree has more hope! If it is cut down, it will sprout again and grow new branches. ⁸ Though its roots have grown old in the earth and its stump decays, ⁹ at the scent of water it will bud and sprout again like a new seedling.

Healing: Philippians 4:6-7

⁶ Don't worry about anything; instead, pray about everything. Tell God what you need, and thank Him for all He has done.⁷ Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Restoration: Zechariah 9:12

¹² Come back to the place of safety, all you prisoners who still have hope! I promise this very day that I will repay two blessings for each of your troubles.



Hope: Psalm 71:5-6

⁵ O Lord, you alone are my hope. I've trusted you, O LORD, from childhood.⁶ Yes, you have been with me from birth; from my mother's womb you have cared for me. No wonder I am always praising you!

Healing: Isaiah 58:8

⁸ "Then your salvation will come like the dawn, and your wounds will quickly heal. Your godliness will lead you forward, and the glory of the Lord will protect you from behind.

Restoration: Isaiah 42:1-4

¹ "Look at My servant, whom I strengthen. He is My chosen one, who pleases Me. I have put My Spirit upon him. He will bring justice to the nations. ² He will not shout or raise his voice in public. ³ He will not crush the weakest reed or put out a flickering candle. He will bring justice to all who have been wronged. ⁴ He will not falter or lose heart until justice prevails throughout the earth. Even distant lands beyond the sea will wait for his instruction."

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Hope: Psalm 43:5

⁵ Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise Him again— my Savior and my God!

Healing: Hosea 6:1

¹ "Come, let us return to the LORD. He has torn us to pieces; now He will heal us. He has injured us; now He will bandage our wounds.

Restoration: 2 Samuel 9:7-9

⁷ "Don't be afraid!" David said. "I intend to show kindness to you because of my promise to your father, Jonathan. I will give you all the property that once belonged to your grandfather Saul, and you will eat here with me at the king's table!" ⁸Mephibosheth bowed respectfully and exclaimed, "Who is your servant, that you should show such kindness to a dead dog like me?" ⁹ Then the king summoned Saul's servant Ziba and said, "I have given your master's grandson everything that belonged to Saul and his family.

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Hope: Isaiah 54:17

¹⁷ But in that coming day no weapon turned against you will succeed. You will silence every voice raised up to accuse you. These benefits are enjoyed by the servants of the LORD; their vindication will come from Me. I, the LORD, have spoken!

Healing: Revelation 22:2

² It flowed down the centre of the main street. On each side of the river grew a tree of life, bearing twelve crops of fruit, with a fresh crop each month. The leaves were used for medicine to heal the nations.

Restoration: John 14:2-3

² There is more than enough room in My Father's home. If this were not so, would I have told you that I am going to prepare a place for you? ³ When everything is ready, I will come and get you, so that you will always be with Me where I am.

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Hope: Psalm 119:147

 147 I rise early, before the sun is up; I cry out for help and put my hope in your words.

Healing: Mark 2:17

¹⁷ When Jesus heard this, He told them, "Healthy people don't need a doctor—sick people do. I have come to call not those who think they are righteous, but those who know they are sinners."

Restoration: Galatians 6:1

¹ Dear brothers and sisters, if another believer is overcome by some sin, you who are Godly should gently and humbly help that person back onto the right path. And be careful not to fall into the same temptation yourself.



Hope: Jeremiah 31:13

¹³ The young women will dance for joy, and the men—old and young—will join in the celebration. I will turn their mourning into joy. I will comfort them and exchange their sorrow for rejoicing.

Healing: Proverbs 3:5-8

⁵ Trust in the Lord with all your heart; do not depend on your own understanding. ⁶ Seek His will in all you do, and He will show you which path to take. ⁷ Don't be impressed with your own wisdom. Instead, fear the Lord and turn away from evil. ⁸ Then you will have healing for your body and strength for your bones.

Restoration: Matthew 6:33

³³ Seek the Kingdom of God above all else, and live righteously, and He will give you everything you need.

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Hope: 2 Corinthians 3:12

¹² Since this new way gives us such confidence, we can be very bold.

Healing: Psalm 6:2

² Have compassion on me, LORD, for I am weak. Heal me, LORD, for my bones are in agony.

Restoration: Joel 2:22-24

²² Don't be afraid, you animals of the field, for the wilderness pastures will soon be green. The trees will again be filled with fruit; fig trees and grapevines will be loaded down once more. ²³ Rejoice, you people of Jerusalem! Rejoice in the LORD your God! For the rain He sends demonstrates His faithfulness. Once more the autumn rains will come, as well as the rains of spring. ²⁴ The threshing floors will again be piled high with grain, and the presses will overflow with new wine and olive oil.

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Hope: Psalm 31:24

²⁴ So be strong and courageous, all you who put your hope in the Lord!

Healing: Proverbs 16:24

²⁴ Kind words are like honey—sweet to the soul and healthy for the body.

Restoration: 2 Corinthians 5:17

17 This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

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Hope: Lamentations 3:24

²⁴ I say to myself, "The LORD is my inheritance; therefore, I will hope in Him!"

Healing: Acts 19:11-12

¹¹God gave Paul the power to perform unusual miracles. ¹²When handkerchiefs or aprons that had merely touched his skin were placed on sick people, they were healed of their diseases, and evil spirits were expelled.

Restoration: Psalm 23:1-3

¹ The Lord is my shepherd; I have all that I need. ² He lets me rest in green meadows; He leads me beside peaceful streams. ³ He renews my strength. He guides me along right paths, bringing honour to His name.



Hope: Psalm 33:18

¹⁸ But the LORD watches over those who fear Him, those who rely on His unfailing love.

Healing: Isaiah 57:18

¹⁸ I have seen what they do, but I will heal them anyway! I will lead them. I will comfort those who mourn,

Restoration: Joshua 1:9

9 This is My command—be strong and courageous! Do not be afraid or discouraged. For the LORD your God is with you wherever you go."



Hope: 1 John 3:3

³ And all who have this eager expectation will keep themselves pure, just as He is pure.

Healing: Numbers 12:13

13 So Moses cried out to the LORD, "O God, I beg you, please heal her!"

Restoration: 2 Samuel 14:14

¹⁴ All of us must die eventually. Our lives are like water spilled out on the ground, which cannot be gathered up again. But God does not just sweep life away; instead, He devises ways to bring us back when we have been separated from Him.

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Hope: Job 11:18

¹⁸ Having hope will give you courage. You will be protected and will rest in safety.

Healing: Matthew 11:28

²⁸ Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.

Restoration: 2 Chronicles 30:9

9 "For if you return to the LORD, your relatives and your children will be treated mercifully by their captors, and they will be able to return to this land. For the LORD your God is gracious and merciful. If you return to Him, He will not continue to turn His face from you."



Hope: Psalm 10:17

¹⁷ Lord, you know the hopes of the helpless. Surely you will hear their cries and comfort them.

Healing: 2 Corinthians 12:9

⁹ Each time said, "My grace is all you need. My power works best in weakness."

Restoration: Psalm 51:7-8

⁷ Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow. ⁸ Oh, give me back my joy again; you have broken me — now let me rejoice.

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Hope: Psalm 9:18

¹⁸ But the needy will not be ignored forever; the hopes of the poor will not always be crushed.

Healing: Isaiah 38:16-17

¹⁶ Lord, your discipline is good, for it leads to life and health. You restore my health and allow me to live! ¹⁷ Yes, this anguish was good for me, for you have rescued me from death and forgiven all my sins.

Restoration: John 5:24

²⁴ "I tell you the truth, those who listen to My message and believe in God who sent Me have eternal life. They will never be condemned for their sins, but they have already passed from death into life.



Hope: Psalm 78:7

⁷ So each generation should set its hope anew on God, not forgetting His glorious miracles and obeying His commands.

Healing: Psalm 146:8

⁸ The LORD opens the eyes of the blind. The LORD lifts up those who are weighed down. The LORD loves the Godly.

Restoration: Jeremiah 29:12-14

¹² In those days when you pray, I will listen. ¹³ If you look for Me wholeheartedly, you will find Me. ¹⁴ I will be found by you," says the LORD. "I will end your captivity and restore your fortunes. I will gather you out of the nations where I sent you and will bring you home again to your own land."



Hope: Psalm 38:15

¹⁵ For I am waiting for you, O Lord. You must answer for me, O Lord my God.

Healing: Luke 4:18

¹⁸ "The Spirit of the Lord is upon Me, for He has anointed Me to bring Good News to the poor. He has sent Me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free,

Restoration: 2 Samuel 19:14-18

¹⁴ Then Amasa convinced all the men of Judah, and they responded unanimously. They sent word to the king, "Return to us, and bring back all who are with you." ¹⁵ So the king started back to Jerusalem. And when he arrived at the Jordan River, the people of Judah came to Gilgal to meet him and escort him across the river. ¹⁶ Shimei son of Gera, the man from Bahurim in Benjamin, hurried across with the men of Judah to welcome King David. ¹⁷ A thousand other men from the tribe of Benjamin were with him, including Ziba, the chief servant of the house of Saul, and Ziba's fifteen sons and twenty servants. They rushed down to the Jordan to meet the king. ¹⁸ They crossed the shallows of the Jordan to bring the king's household across the river, helping him in every way they could. As the king was about to cross the river, Shimei fell down before him.



Hope: Proverbs 3:3-4

³ Never let loyalty and kindness leave you! Tie them around your neck as a reminder. Write them deep within your heart. ⁴ Then you will find favour with both God and people, and you will earn a good reputation.

Healing: John 11:4

⁴ But when Jesus heard about it, He said, "Lazarus's sickness will not end in death. No, it happened for the glory of God so that the Son of God will receive glory from this."

Restoration: Psalm 51:10-11

¹⁰ Create in me a clean heart, O God. Renew a loyal spirit within me. ¹¹ Do not banish me from your presence, and don't take your Holy Spirit from me.



Hope: Psalm 130:5

⁵ I am counting on the LORD; yes, I am counting on Him. I have put my hope in His word.

Healing: John 9:24-25

²⁴ So for the second time they called in the man who had been blind and told him, "God should get the glory for this, because we know this man Jesus is a sinner." ²⁵ "I don't know whether he is a sinner," the man replied. "But I know this: I was blind, and now I can see!"

Restoration: Ezekiel 37:1-5

¹ The Lord took hold of me, and I was carried away by the Spirit of the Lord to a valley filled with bones. ² He led me all around among the bones that covered the valley floor. They were scattered everywhere across the ground and were completely dried out. ³ Then He asked me, "Son of man, can these bones become living people again?" "O Sovereign Lord," I replied, "you alone know the answer to that." ⁴ Then He said to me, "Speak a prophetic message to these bones and say, 'Dry bones, listen to the word of the Lord! ⁵ This is what the Sovereign Lord says: Look! I am going to put breath into you and make you live again!

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Hope: 2 Corinthians 4:18

¹⁸ So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever.

Healing: Jeremiah 3:22

²² "My wayward children," says the LORD, "come back to Me, and I will heal your wayward hearts."

Restoration: Isaiah 49:6

⁶ He says, "You will do more than restore the people of Israel to Me. I will make you a light to the Gentiles, and you will bring My salvation to the ends of the earth."

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Hope: Psalm 33:22

²² Let your unfailing love surround us, Lord, for our hope is in you alone.

Healing: Matthew 8:5-7

⁵ When Jesus returned to Capernaum, a Roman officer came and pleaded with Him, ⁶ "Lord, my young servant lies in bed, paralyzed and in terrible pain." ⁷ Jesus said, "I will come and heal him."

Restoration: Deuteronomy 30:6-10

⁶ "The Lord your God will change your heart and the hearts of all your descendants, so that you will love Him with all your heart and soul and so you may live! ⁷ The Lord your God will inflict all these curses on your enemies and on those who hate and persecute you. ⁸ Then you will again obey the Lord and keep all His commands that I am giving you today. ⁹ "The Lord your God will then make you successful in everything you do. He will give you many children and numerous livestock, and He will cause your fields to produce abundant harvests, for the Lord will again delight in being good to you as He was to your ancestors. ¹⁰ The Lord your God will delight in you if you obey His voice and keep the commands and decrees written in this Book of Instruction, and if you turn to the Lord your God with all your heart and soul.



Hope: Mark 11:22-24

²² Then Jesus said to the disciples, "Have faith in God. ²³ I tell you the truth, you can say to this mountain, 'May you be lifted up and thrown into the sea,' and it will happen. But you must really believe it will happen and have no doubt in your heart. ²⁴ I tell you, you can pray for anything, and if you believe that you've received it, it will be yours.

Healing: 2 Chronicles 32:24

²⁴ About that time Hezekiah became deathly ill. He prayed to the Lord, who healed Him and gave him a miraculous sign.

Restoration: Hosea 6:2-3

² In just a short time He will restore us, so that we may live in His presence.
³ Oh, that we might know the LORD! Let us press on to know Him. He will respond to us as surely as the arrival of dawn or the coming of rains in early spring."

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Hope: 2 Timothy 1:7

⁷ For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

Healing: Psalm 41:4

4 "O Lord," I prayed, "have mercy on me. Heal me, for I have sinned against you."

Restoration: Proverbs 6:30-31

³⁰ Excuses might be found for a thief who steals because he is starving. ³¹ But if he is caught, he must pay back seven times what he stole, even if he has to sell everything in his house.

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Hope: Romans 15:4

⁴ Such things were written in the Scriptures long ago to teach us. And the Scriptures give us hope and encouragement as we wait patiently for God's promises to be fulfilled.

Healing: Proverbs 12:18

¹⁸ Some people make cutting remarks, but the words of the wise bring healing.

Restoration: Nahum 2:2

² Even though the destroyer has destroyed Judah, the LORD will restore its honour. Israel's vine has been stripped of branches, but He will restore its splendour.

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Hope: Acts 24:15

¹⁵ I have the same hope in God that these men have, that He will raise both the righteous and the unrighteous.

Healing: Matthew 4:23

²³ Jesus travelled throughout the region of Galilee, teaching in the synagogues, and announcing the Good News about the Kingdom. And He healed every kind of disease and illness.

Restoration: Ezekiel 20:40-41

⁴⁰ For on My holy mountain, the great mountain of Israel, says the Sovereign LORD, the people of Israel will someday worship Me, and I will accept them. There I will require that you bring Me all your offerings and choice gifts and sacrifices. ⁴¹ When I bring you home from exile, you will be like a pleasing sacrifice to Me. And I will display My holiness through you as all the nations watch.

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Hope: 2 Corinthians 4:8-9

⁸ We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair.⁹ We are hunted down, but never abandoned by God. We get knocked down, but we are not destroyed.

Healing: Mark 6:56

⁵⁶ Wherever He went—in villages, cities, or the countryside—they brought the sick out to the marketplaces. They begged Him to let the sick touch at least the fringe of His robe, and all who touched Him were healed.

Restoration: Luke 16:19-23

¹⁹ Jesus said, "There was a certain rich man who was splendidly clothed in purple and fine linen and who lived each day in luxury. ²⁰ At his gate lay a poor man named Lazarus who was covered with sores. ²¹ As Lazarus lay there longing for scraps from the rich man's table, the dogs would come and lick his open sores. ²² "Finally, the poor man died and was carried by the angels to sit beside Abraham at the heavenly banquet. The rich man also died and was buried, ²³ and he went to the place of the dead. There, in torment, he saw Abraham in the far distance with Lazarus at his side.

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Hope: 1 Peter 1:13

¹³ So prepare your minds for action and exercise self-control. Put all your hope in the gracious salvation that will come to you when Jesus Christ is revealed to the world.

Healing: Luke 13:12

¹² When Jesus saw her, He called her over and said, "Dear woman, you are healed of your sickness!"

Restoration: Psalm 23:4-6

⁴ Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me. ⁵ You prepare a feast for me in the presence of my enemies. You honour me by anointing my head with oil. My cup overflows with blessings. ⁶ Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the LORD forever.

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Hope: Mark 5:36

³⁶ But Jesus overheard them and said to Jairus, "Don't be afraid. Just have faith."

Healing: Isaiah 38:20

²⁰ Think of it—the LORD is ready to heal me! I will sing His praises with instruments every day of my life in the Temple of the LORD.

Restoration: Acts 2:38

³⁸ Peter replied, "Each of you must repent of your sins and turn to God, and be baptized in the name of Jesus Christ for the forgiveness of your sins. Then you will receive the gift of the Holy Spirit.

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Hope: Psalm 119:114

¹¹⁴ I have rejoiced in your laws as much as in riches.

Healing: 2 Kings 20:5

⁵ "Go back to Hezekiah, the leader of My people. Tell him, this is what the LORD, the God of your ancestor David, says: I have heard your prayer and seen your tears. I will heal you, and three days from now you will get out of bed and go to the Temple of the LORD.

Restoration: John 3:16

¹⁶ "For this is how God loved the world: He gave His one and only Son, so that everyone who believes in Him will not perish but have eternal life.

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Hope: Psalm 130:7

⁷O Israel, hope in the LORD; for with the LORD there is unfailing love. His redemption overflows.

Healing: Matthew 17:18-20

¹⁸ Then Jesus rebuked the demon in the boy, and it left him. From that moment the boy was well. ¹⁹ Afterward the disciples asked Jesus privately, "Why couldn't we cast out that demon?" ²⁰ "You don't have enough faith," Jesus told them. "I tell you the truth, if you had faith even as small as a mustard seed, you could say to this mountain, 'Move from here to there,' and it would move. Nothing would be impossible."

Restoration: Isaiah 2:1-5

¹ This is a vision that Isaiah son of Amoz saw concerning Judah and Jerusalem: ² In the last days, the mountain of the LORD's house will be the highest of all— the most important place on earth. It will be raised above the other hills, and people from all over the world will stream there to worship. ³ People from many nations will come and say, "Come, let us go up to the mountain of the LORD, to the house of Jacob's God. There He will teach us His ways, and we will walk in His paths. For the LORD's teaching will go out from Zion; His word will go out from Jerusalem. ⁴ The LORD will mediate between nations and will settle international disputes. They will hammer their swords into ploughshares and their spears into pruning hooks. Nation will no longer fight against nation, nor train for war anymore.⁵ Come, descendants of Jacob, let us walk in the light of the LORD!



Hope: Job 17:15

¹⁵ Where then is my hope? Can anyone find it?

Healing: Matthew 12:13

¹³ Then He said to the man, "Hold out your hand." So the man held out his hand, and it was restored, just like the other one!

Restoration: Amos 9:13-15

¹³ "The time will come," says the LORD, "when the grain and grapes will grow faster than they can be harvested. Then the terraced vineyards on the hills of Israel will drip with sweet wine! ¹⁴ I will bring My exiled people of Israel back from distant lands, and they will rebuild their ruined cities and live in them again. They will plant vineyards and gardens; they will eat their crops and drink their wine. ¹⁵ I will firmly plant them there in their own land. They will never again be uprooted from the land I have given them," says the LORD your God.

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Hope: Psalm 119:116

¹¹⁶ LORD, sustain me as you promised, that I may live! Do not let my hope be crushed.

Healing: Matthew 9:20-22

²⁰ Just then a woman who had suffered for twelve years with constant bleeding came up behind Him. She touched the fringe of His robe, ²¹ for she thought, "If I can just touch His robe, I will be healed." ²² Jesus turned around, and when He saw her He said, "Daughter, be encouraged! Your faith has made you well." And the woman was healed at that moment.

Restoration: Zechariah 10:6

⁶ "I will strengthen Judah and save Israel; I will restore them because of My compassion. It will be as though I had never rejected them, for I am the LORD their God, who will hear their cries.



Hope: Psalm 119:81

⁸¹ I am worn out waiting for your rescue, but I have put my hope in your word.

Healing: 2 Chronicles 30:18-20

¹⁸ Most of those who came from Ephraim, Manasseh, Issachar, and Zebulun had not purified themselves. But King Hezekiah prayed for them, and they were allowed to eat the Passover meal anyway, even though this was contrary to the requirements of the Law. For Hezekiah said, "May the LORD, who is good, pardon those ¹⁹ who decide to follow the LORD, the God of their ancestors, even though they are not properly cleansed for the ceremony." ²⁰ And the LORD listened to Hezekiah's prayer and healed the people.

Restoration: Ezekiel 16:55

⁵⁵ Yes, your sisters, Sodom and Samaria, and all their people will be restored, and at that time you also will be restored.

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Hope: Titus 2:13

¹³ while we look forward with hope to that wonderful day when the glory of our great God and Savior, Jesus Christ, will be revealed.

Healing: Psalm 107:20

²⁰ He sent out His word and healed them, snatching them from the door of death.

Restoration: Jeremiah 31:1-5

¹"In that day," says the LORD, "I will be the God of all the families of Israel, and they will be My people. ² This is what the LORD says: "Those who survive the coming destruction will find blessings even in the barren land, for I will give rest to the people of Israel." ³ Long ago the LORD said to Israel: "I have loved you, My people, with an everlasting love. With unfailing love I have drawn you to Myself. ⁴ I will rebuild you, My virgin Israel. You will again be happy and dance merrily with your tambourines. ⁵ Again you will plant your vineyards on the mountains of Samaria and eat from your own gardens there.

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Hope: Proverbs 24:14

¹⁴ In the same way, wisdom is sweet to your soul. If you find it, you will have a bright future, and your hopes will not be cut short.

Healing: Deuteronomy 32:39

³⁹ Look now; I Myself am He! There is no other God but Me! I am the One who kills and gives life; I am the One who wounds and heals; no one can be rescued from My powerful hand!

Restoration: Isaiah 41:17-20

¹⁷"When the poor and needy search for water and there is none, and their tongues are parched from thirst, then I, the LORD, will answer them. I, the God of Israel, will never abandon them. ¹⁸ I will open up rivers for them on the high plateaus. I will give them fountains of water in the valleys. I will fill the desert with pools of water. Rivers fed by springs will flow across the parched ground. ¹⁹ I will plant trees in the barren desert— cedar, acacia, myrtle, olive, cypress, fir, and pine. ²⁰ I am doing this so all who see this miracle will understand what it means— that it is the LORD who has done this, the Holy One of Israel who created it.

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Hope: Psalm 145:15

 $^{\mathbf{15}}$ The eyes of all look to you in hope; you give them their food as they need it.

Healing:Jeremiah 14:19

¹⁹ LORD, have you completely rejected Judah? Do you really hate Jerusalem? Why have you wounded us past all hope of healing? We hoped for peace, but no peace came. We hoped for a time of healing, but found only terror.

Restoration: Isaiah 49:13

¹³ Sing for joy, O heavens! Rejoice, O earth! Burst into song, O mountains For the LORD has comforted His people and will have compassion on them in their suffering.

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Hope: Titus 1:2

² This truth gives them confidence that they have eternal life, which God who does not lie—promised them before the world began.

Healing: Mark 8:25

²⁵ Then Jesus placed His hands on the man's eyes again, and his eyes were opened. His sight was completely restored, and he could see everything clearly.

Restoration: Numbers 6:25-27

²⁵ May the LORD smile on you and be gracious to you. ²⁶ May the LORD show you His favour and give you His peace.' ²⁷ Whenever Aaron and his sons bless the people of Israel in My name, I Myself will bless them."



Hope: 1 Thessalonians 5:8

⁸ But let us who live in the light be clearheaded, protected by the armour of faith and love, and wearing as our helmet the confidence of our salvation.

Healing: Luke 4:41

⁴¹ Many were possessed by demons; and the demons came out at His command, shouting, "You are the Son of God!" But because they knew He was the Messiah, He rebuked them and refused to let them speak.

Restoration: Isaiah 49:23

²³ Kings and queens will serve you and care for all your needs. They will bow to the earth before you and lick the dust from your feet. Then you will know that I am the LORD. Those who trust in Me will never be put to shame."



Hope: Galatians 5:5

⁵But we who live by the Spirit eagerly wait to receive by faith the righteousness God has promised to us.

Healing: Luke 8:48

48 "Daughter," He said to her, "your faith has made you well. Go in peace."

Restoration: Psalm 121:1–6

¹I look up to the mountains— does my help come from there? ²My help comes from the LORD, who made heaven and earth! ³He will not let you stumble; the one who watches over you will not slumber. ⁴Indeed, He who watches over Israel never slumbers or sleeps. ⁵The LORD Himself watches over you! The LORD stands beside you as your protective shade. ⁶The sun will not harm you by day, nor the moon at night.

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Hope: Ephesians 1:18

¹⁸ I pray that your hearts will be flooded with light so that you can understand the confident hope He has given to those He called—His holy people who are His rich and glorious inheritance.

Healing: Psalm 31:9

9 Have mercy on me, LORD, for I am in distress. Tears blur my eyes. My body and soul are withering away.

Restoration: Jeremiah 31:23-25

²³ This is what the LORD of Heaven's Armies, the God of Israel, says: "When I bring them back from captivity, the people of Judah and its towns will again say, 'The LORD bless you, O righteous home, O holy mountain!' ²⁴ Town's people and farmers and shepherds alike will live together in peace and happiness. ²⁵ For I have given rest to the weary and joy to the sorrowing."



Hope: Jeremiah 31:16-17

¹⁶ But now this is what the LORD says: "Do not weep any longer, for I will reward you," says the LORD. "Your children will come back to you from the distant land of the enemy. ¹⁷ There is hope for your future," says the LORD. "Your children will come again to their own land

Healing: Exodus 15:26

²⁶ He said, "If you will listen carefully to the voice of the LORD your God and do what is right in His sight, obeying His commands and keeping all His decrees, then I will not make you suffer any of the diseases I sent on the Egyptians; for I am the LORD who heals you."

Restoration: Titus 2:11-12

¹¹For the grace of God has been revealed, bringing salvation to all people. ¹²And we are instructed to turn from godless living and sinful pleasures. We should live in this evil world with wisdom, righteousness, and devotion to God,



Hope: Psalm 146:5

⁵ But joyful are those who have the God of Israel as their helper, whose hope is in the LORD their God.

Healing: 2 Corinthians 1:3-4

³ All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. ⁴ He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us

Restoration: Psalm 40: 13–17

¹³ Please, LORD, rescue me! Come quickly, LORD, and help me. ¹⁴ May those who try to destroy me be humiliated and put to shame. May those who take delight in my trouble be turned back in disgrace. ¹⁵ Let them be horrified by their shame, for they said, "Aha! We've got him now!" ¹⁶ But may all who search for you be filled with joy and gladness in you. May those who love your salvation repeatedly shout, "The LORD is great!" ¹⁷ As for me, since I am poor and needy, let the Lord keep me in His thoughts. You are my helper and my saviour. O my God, do not delay.



Hope: Psalm 27:13

¹³ Yet I am confident I will see the LORD's goodness while I am here in the land of the living.

Healing: Acts 10:38

³⁸ And you know that God anointed Jesus of Nazareth with the Holy Spirit and with power. Then Jesus went around doing good and healing all who were oppressed by the devil, for God was with him.

Restoration: Jeremiah 31:33-34

³³ "But this is the new covenant I will make with the people of Israel after those days," says the LORD. "I will put My instructions deep within them, and I will write them on their hearts. I will be their God, and they will be My people. ³⁴ And they will not need to teach their neighbours, nor will they need to teach their relatives, saying, 'You should know the LORD.' For everyone, from the least to the greatest, will know Me already," says the LORD. "And I will forgive their wickedness, and I will never again remember their sins."

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Hope: Titus 3:7

⁷ Because of His grace He made us right in His sight and gave us confidence that we will inherit eternal life.

Healing: Luke 13:13

¹³Then He touched her, and instantly she could stand straight. How she praised God!

Restoration: Job 42:11-12

¹¹Then all his brothers, sisters, and former friends came and feasted with him in his home. And they consoled him and comforted him because of all the trials the LORD had brought against him. And each of them brought him a gift of money and a gold ring. ¹² So the LORD blessed Job in the second half of his life even more than in the beginning. For now, he had 14,000 sheep, 6,000 camels, 1,000 teams of oxen, and 1,000 female donkeys.



Hope: 1 Chronicles 29:15

¹⁵We are here for only a moment, visitors and strangers in the land as our ancestors were before us. Our days on earth are like a passing shadow, gone so soon without a trace.

Healing: Mark 1:30–31

30 Now Simon's mother-in-law was sick in bed with a high fever. They told Jesus about her right away. **31** So He went to her bedside, took her by the hand, and helped her sit up. Then the fever left her, and she prepared a meal for them.

Restoration: Isaiah 61:4-7

⁴ They will rebuild the ancient ruins, repairing cities destroyed long ago. They will revive them, though they have been deserted for many generations. ⁵ Foreigners will be your servants. They will feed your flocks and plough your fields and tend your vineyards. ⁶ You will be called priests of the LORD, ministers of our God. You will feed on the treasures of the nations and boast in their riches. ⁷ Instead of shame and dishonour, you will enjoy a double share of honour. You will possess a double portion of prosperity in your land, and everlasting joy will be yours.

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Hope: Hebrews 10:23

²³ Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep His promise.

Healing: Psalm 41:1-3

¹Oh, the joys of those who are kind to the poor! The LORD rescues them when they are in trouble. ²The LORD protects them and keeps them alive. He gives them prosperity in the land and rescues them from their enemies. ³The LORD nurses them when they are sick and restores them to health.

Restoration: Isaiah 60:10–13

¹⁰ "Foreigners will come to rebuild your towns, and their kings will serve you. For though I have destroyed you in My anger, I will now have mercy on you through My grace. ¹¹ Your gates will stay open day and night to receive the wealth of many lands. The kings of the world will be led as captives in a victory procession. ¹² For the nations that refuse to serve you will be destroyed. ¹³ "The glory of Lebanon will be yours— the forests of cypress, fir, and pine—to beautify My sanctuary. My Temple will be glorious!



Hope: Lamentations 3:21-23

²¹ Yet I still dare to hope when I remember this: ²² The faithful love of the LORD never ends! His mercies never cease. ²³Great is His faithfulness; His mercies begin afresh each morning.

Healing: Luke 6:19

¹⁹ Everyone tried to touch Him, because healing power went out from Him, and He healed everyone.

Restoration: Jeremiah 31:20-22

²⁰ "Is not Israel still my son, my darling child?" says the LORD. "I often have to punish him, but I still love him. That's why I long for him and surely will have mercy on him. ²¹ Set up road signs; put up guideposts. Mark well the path by which you came. Come back again, my virgin Israel; return to your towns here. ²² How long will you wander, my wayward daughter? For the LORD will cause something new to happen– Israel will embrace her God. "

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Hope: Psalm 119:49

⁴⁹ Remember your promise to me; it is my only hope.

Healing: Acts 3:6

⁶ But Peter said, "I don't have any silver or gold for you. But I'll give you what I have. In the name of Jesus Christ the Nazarene, get up and walk!"

Restoration: Psalm 66:12

¹² Then you put a leader over us. We went through fire and flood, but you brought us to a place of great abundance.

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Hope: Hebrews 6:18-19

¹⁸ So God has given both His promise and His oath. These two things are unchangeable because it is impossible for God to lie. Therefore, we who have fled to Him for refuge can have great confidence as we hold to the hope that lies before us. ¹⁹ This hope is a strong and trustworthy anchor for our souls. It leads us through the curtain into God's inner sanctuary.

Healing: Matthew 13:15

¹⁵ For the hearts of these people are hardened, and their ears cannot hear, and they have closed their eyes—so their eyes cannot see, and their ears cannot hear, and their hearts cannot understand, and they cannot turn to Me and let Me heal them.'

Restoration: Deuteronomy 11:18-21

¹⁸ "So commit yourselves wholeheartedly to these words of mine. Tie them to your hands and wear them on your forehead as reminders. ¹⁹ Teach them to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up. ²⁰ Write them on the doorposts of your house and on your gates, ²¹ so that as long as the sky remains above the earth, you and your children may flourish in the land the LORD swore to give your ancestors.



Hope: Romans 5:5

⁵ And this hope will not lead to disappointment. For we know how dearly God loves us, because He has given us the Holy Spirit to fill our hearts with His love.

Healing: Ecclesiastes 3:1–3

¹ For everything there is a season, a time for every activity under heaven. ² A time to be born and a time to die. A time to plant and a time to harvest. ³ A time to kill and a time to heal. A time to tear down and a time to build up.

Restoration: Psalm 80:17-19

¹⁷ Strengthen the man you love, the son of your choice. ¹⁸ Then we will never abandon you again. Revive us so we can call on your name once more.
¹⁹ Turn us again to yourself, O LORD God of Heaven's Armies. Make your face shine down upon us. Only then will we be saved.



Hope: Job 8:13

¹³The same happens to all who forget God. The hopes of the godless evaporate.

Healing: Job 5:17-18

¹⁷ "But consider the joy of those corrected by God! Do not despise the discipline of the Almighty when you sin. ¹⁸ For though He wounds, He also bandages. He strikes, but His hands also heal.

Restoration: Psalm 69:35-36

³⁵ For God will save Jerusalem and rebuild the towns of Judah. His people will live there and settle in their own land. ³⁶ The descendants of those who obey Him will inherit the land, and those who love Him will live there in safety.

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Hope: Romans 4:18

¹⁸ Even when there was no reason for hope, Abraham kept hoping—believing that he would become the father of many nations. For God had said to him, "That's how many descendants you will have!"

Healing: 2 Chronicles 7:14

¹⁴ Then if My people who are called by My name will humble themselves and pray and seek My face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.

Restoration: Zechariah 14:11

¹¹ And Jerusalem will be filled, safe at last, never again to be cursed and destroyed.

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Hope: Hebrews 6:11

¹¹ Our great desire is that you will keep on loving others as long as life lasts, in order to make certain that what you hope for will come true.

Healing: Exodus 23:25

²⁵ "You must serve only the LORD your God. If you do, I will bless you with food and water, and I will protect you from illness.

Restoration: Micah 7:19-20

¹⁹Once again you will have compassion on us. You will trample our sins under your feet and throw them into the depths of the ocean! ²⁰ You will show us your faithfulness and unfailing love as you promised to our ancestors Abraham and Jacob long ago.

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Hope: Jeremiah 17:17

17 LORD, don't terrorize me! You alone are my hope in the day of disaster.

Healing: Psalm 119:107

107 I have suffered much, O LORD; restore my life again as you promised.

Restoration: 2 Kings 8:1-4

¹ Elisha had told the woman whose son he had brought back to life, "Take your family and move to some other place, for the LORD has called for a famine on Israel that will last for seven years." ² So the woman did as the man of God instructed. She took her family and settled in the land of the Philistines for seven years. ³ After the famine ended she returned from the land of the Philistines, and she went to see the king about getting back her house and land. ⁴ As she came in, the king was talking with Gehazi, the servant of the man of God. The king had just said, "Tell me some stories about the great things Elisha has done."

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Hope: Psalm 119:74

⁷⁴ May all who fear you find in me a cause for joy, for I have put my hope in your word.

Healing: James 5:11

¹¹ We give great honour to those who endure under suffering. For instance, you know about Job, a man of great endurance. You can see how the Lord was kind to him at the end, for the Lord is full of tenderness and mercy.

Restoration: 2 Kings 8:5-6

⁵ And Gehazi was telling the king about the time Elisha had brought a boy back to life. At that very moment, the mother of the boy walked in to make her appeal to the king about her house and land. "Look, my lord the king!" Gehazi exclaimed. "Here is the woman now, and this is her son—the very one Elisha brought back to life!" ⁶ "Is this true?" the king asked her. And she told him the story. So he directed one of his officials to see that everything she had lost was restored to her, including the value of any crops that had been harvested during her absence.

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Hope: 1 Timothy 4:9-10

⁹ This is a trustworthy saying, and everyone should accept it. ¹⁰ This is why we work hard and continue to struggle, for our hope is in the living God, who is the Savior of all people and particularly of all believers.

Healing: Matthew 14:13-14

¹³ As soon as Jesus heard the news, He left in a boat to a remote area to be alone. But the crowds heard where He was headed and followed on foot from many towns. ¹⁴ Jesus saw the huge crowd as He stepped from the boat, and He had compassion on them and healed their sick.

Restoration: Ezekiel 34:25-27

²⁵ "I will make a covenant of peace with My people and drive away the dangerous animals from the land. Then they will be able to camp safely in the wildest places and sleep in the woods without fear. ²⁶ I will bless My people and their homes around My holy hill. And in the proper season I will send the showers they need. There will be showers of blessing. ²⁷ The orchards and fields of My people will yield bumper crops, and everyone will live in safety. When I have broken their chains of slavery and rescued them from those who enslaved them, then they will know that I am the LORD

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Hope: Colossians 1:5

⁵ which come from your confident hope of what God has reserved for you in heaven. You have had this expectation ever since you first heard the truth of the Good News.

Healing: Ezekiel 34:16

¹⁶ I will search for My lost ones who strayed away, and I will bring them safely home again. I will bandage the injured and strengthen the weak. But I will destroy those who are fat and powerful. I will feed them, yes—feed them justice!

Restoration: Ezekiel 34:28-31

²⁸ They will no longer be prey for other nations, and wild animals will no longer devour them. They will live in safety, and no one will frighten them.
²⁹ "And I will make their land famous for its crops, so My people will never again suffer from famines or the insults of foreign nations. ³⁰ In this way, they will know that I, the LORD their God, am with them. And they will know that they, the people of Israel, are My people, says the Sovereign LORD. ³¹ You are My flock, the sheep of My pasture. You are My people, and I am your God. I, the Sovereign LORD, have spoken!"

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Hope: 1 Peter 1:21

²¹ Through Christ you have come to trust in God. And you have placed your faith and hope in God because He raised Christ from the dead and gave Him great glory.

Healing: 2 Kings 5:6

⁶ The letter to the king of Israel said: "With this letter I present my servant Naaman. I want you to heal him of his leprosy."

Restoration: Psalm 13:3-5

³ Turn and answer me, O LORD my God! Restore the sparkle to my eyes, or I will die. ⁴ Don't let my enemies gloat, saying, "We have defeated him!" Don't let them rejoice at my downfall. ⁵ But I trust in your unfailing love. I will rejoice because you have rescued me.



Hope: 2 Thessalonians 2:16-17

¹⁶ Now may our Lord Jesus Christ Himself and God our Father, who loved us and by His grace gave us eternal comfort and a wonderful hope, ¹⁷ comfort you and strengthen you in every good thing you do and say.

Healing: Matthew 9:27-30

²⁷ After Jesus left the girl's home, two blind men followed along behind Him, shouting, "Son of David, have mercy on us!" ²⁸ They went right into the house where He was staying, and Jesus asked them, "Do you believe I can make you see?" "Yes, Lord," they told Him, "we do." ²⁹ Then He touched their eyes and said, "Because of your faith, it will happen." ³⁰ Then their eyes were opened, and they could see! Jesus sternly warned them, "Don't tell anyone about this."

Restoration: Luke 7:15

¹⁵ Then the dead boy sat up and began to talk! And Jesus gave him back to his mother.

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Hope: Psalm 119:166

¹⁶⁶ I long for your rescue, LORD, so I have obeyed your commands.

Healing: Lamentations 2:13

¹³ What can I say about you? Who has ever seen such sorrow? O daughter of Jerusalem, to what can I compare your anguish? O virgin daughter of Zion, how can I comfort you? For your wound is as deep as the sea. Who can heal you?

Restoration: Ezekiel 36:33-36

³³ "This is what the Sovereign LORD says: When I cleanse you from your sins, I will repopulate your cities, and the ruins will be rebuilt. ³⁴ The fields that used to lie empty and desolate in plain view of everyone will again be farmed. ³⁵ And when I bring you back, people will say, "This former wasteland is now like the Garden of Eden! The abandoned and ruined cities now have strong walls and are filled with people!' ³⁶ Then the surrounding nations that survive will know that I, the LORD, have rebuilt the ruins and replanted the wasteland. For I, the LORD, have spoken, and I will do what I say

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Hope: Hebrews 3:6

⁶ But Christ, as the Son, is in charge of God's entire house. And we are God's house, if we keep our courage and remain confident in our hope in Christ.

Healing: 1 Corinthians 12:9

⁹ The same Spirit gives great faith to another, and to someone else the one Spirit gives the gift of healing.

Restoration: 1 Samuel 30:18-19

¹⁸ David got back everything the Amalekites had taken, and he rescued his two wives. ¹⁹ Nothing was missing: small or great, son or daughter, nor anything else that had been taken. David brought everything back.

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Hope: Psalm 42:11

¹¹ Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise Him again— my Savior and my God!

Healing: Acts 5:15-16

¹⁵ As a result of the apostles' work, sick people were brought out into the streets on beds and mats so that Peter's shadow might fall across some of them as he went by. ¹⁶ Crowds came from the villages around Jerusalem, bringing their sick and those possessed by evil spirits, and they were all healed.

Restoration: 2 Corinthians 5:18-19

¹⁸ And all of this is a gift from God, who brought us back to Himself through Christ. And God has given us this task of reconciling people to Him. ¹⁹ For God was in Christ, reconciling the world to himself, no longer counting people's sins against them. And He gave us this wonderful message of reconciliation.

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Hope: 1 Thessalonians 1:3

³ As we pray to our God and Father about you, we think of your faithful work, your loving deeds, and the enduring hope you have because of our Lord Jesus Christ.

Healing: Acts 9:34

³⁴ Peter said to him, "Aeneas, Jesus Christ heals you! Get up, and roll up your sleeping mat!" And he was healed instantly.

Restoration: Ezekiel 37:26-28

²⁶ And I will make a covenant of peace with them, an everlasting covenant. I will give them their land and increase their numbers, and I will put My Temple among them forever. ²⁷ I will make My home among them. I will be their God, and they will be My people. ²⁸ And when My Temple is among them forever, the nations will know that I am the LORD, who makes Israel holy."



Hope: Ephesians 2:12-13

¹² In those days you were living apart from Christ. You were excluded from citizenship among the people of Israel, and you did not know the covenant promises God had made to them. You lived in this world without God and without hope. ¹³ But now you have been united with Christ Jesus. Once you were far away from God, but now you have been brought near to Him through the blood of Christ.

Healing: Mark 3:9-10

⁹ Jesus instructed His disciples to have a boat ready so the crowd would not crush Him. ¹⁰ He had healed many people that day, so all the sick people eagerly pushed forward to touch Him.

Restoration: Psalm 78:53-55

⁵³ He kept them safe so they were not afraid; but the sea covered their enemies. ⁵⁴ He brought them to the border of His holy land, to this land of hills He had won for them. ⁵⁵ He drove out the nations before them; He gave them their inheritance by lot. He settled the tribes of Israel into their homes.

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Hope: Acts 4:13

¹³ The members of the council were amazed when they saw the boldness of Peter and John, for they could see that they were ordinary men with no special training in the Scriptures. They also recognized them as men who had been with Jesus.

Healing: Luke 7:7

⁷ I am not even worthy to come and meet you. Just say the word from where you are, and my servant will be healed.

Restoration: Joshua 24:13

¹³ I gave you land you had not worked on, and I gave you towns you did not build—the towns where you are now living. I gave you vineyards and olive groves for food, though you did not plant them.



Hope: Psalm 25:5

⁵Lead me by your truth and teach me, for you are the God who saves me. All day long I put my hope in you.

Healing: Acts 28:8-9

⁸ As it happened, Publius's father was ill with fever and dysentery. Paul went in and prayed for him, and laying his hands on him, he healed him. ⁹ Then all the other sick people on the island came and were healed.

Restoration: Job 33:26

²⁶ When he prays to God, he will be accepted. And God will receive him with joy and restore him to good standing.

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Hope: Colossians 1:23

²³ But you must continue to believe this truth and stand firmly in it. Don't drift away from the assurance you received when you heard the Good News. The Good News has been preached all over the world, and I, Paul, have been appointed as God's servant to proclaim it.

Healing: Luke 14:4

⁴ When they refused to answer, Jesus touched the sick man and healed him and sent him away.

Restoration: Isaiah 51:1-3

¹ "Listen to me, all who hope for deliverance—all who seek the LORD! Consider the rock from which you were cut, the quarry from which you were mined. ² Yes, think about Abraham, your ancestor, and Sarah, who gave birth to your nation. Abraham was only one man when I called him. But when I blessed him, he became a great nation." ³ The LORD will comfort Israel again and have pity on her ruins. Her desert will blossom like Eden, her barren wilderness like the garden of the LORD. Joy and gladness will be found there. Songs of thanksgiving will fill the air.

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Hope: Philippians 1:20

²⁰ For I fully expect and hope that I will never be ashamed, but that I will continue to be bold for Christ, as I have been in the past. And I trust that my life will bring honour to Christ, whether I live or die.

Healing: Luke 5:17

¹⁷ One day while Jesus was teaching, some Pharisees and teachers of religious law were sitting nearby. (It seemed that these men showed up from every village in all Galilee and Judea, as well as from Jerusalem.) And the Lord's healing power was strongly with Jesus.

Restoration: Romans 8:28-30

²⁸ And we know that God causes everything to work together for the good of those who love God and are called according to His purpose for them. ²⁹ For God knew His people in advance, and He chose them to become like His Son, so that His Son would be the firstborn among many brothers and sisters. ³⁰ And having chosen them, He called them to come to Him. And having called them, He gave them right standing with Himself. And having given them right standing, He gave them His glory.

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Hope: Ephesians 4:4

⁴ For there is one body and one Spirit, just as you have been called to one glorious hope for the future.

Healing: Psalm 30:2

² O LORD my God, I cried to you for help, and you restored my health.

Restoration: John 4:24-26

²⁴ For God is Spirit, so those who worship Him must worship in spirit and in truth." ²⁵ The woman said, "I know the Messiah is coming—the one who is called Christ. When He comes, He will explain everything to us." ²⁶ Then Jesus told her, "I AM the Messiah!"

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Hope: Joel 3:16

¹⁶ The LORD's voice will roar from Zion and thunder from Jerusalem, and the heavens and the earth will shake. But the LORD will be a refuge for His people, a strong fortress for the people of Israel.

Healing: Isaiah 19:22

²² The LORD will strike Egypt, and then He will bring healing. For the Egyptians will turn to the LORD, and He will listen to their pleas and heal them.

Restoration: Hosea 14:4-7

⁴ The LORD says, "Then I will heal you of your faithlessness; My love will know no bounds, for My anger will be gone forever. ⁵ I will be to Israel like a refreshing dew from heaven. Israel will blossom like the lily; it will send roots deep into the soil like the cedars in Lebanon. ⁶ Its branches will spread out like beautiful olive trees, as fragrant as the cedars of Lebanon. ⁷ My people will again live under My shade. They will flourish like grain and blossom like grapevines. They will be as fragrant as the wines of Lebanon.

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Hope: 2 Corinthians 4:1

¹Therefore, since God in His mercy has given us this new way, we never give up.

Healing: John 4:47

⁴⁷ When he heard that Jesus had come from Judea to Galilee, he went and begged Jesus to come to Capernaum to heal his son, who was about to die.

Restoration: Isaiah 1:25-26

²⁵ I will raise My fist against you. I will melt you down and skim off your slag. I will remove all your impurities. ²⁶ Then I will give you good judges again and wise counsellors like you used to have. Then Jerusalem will again be called the Home of Justice and the Faithful City."

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Hope: Habakkuk 3:17-19

¹⁷ Even though the fig trees have no blossoms, and there are no grapes on the vines; even though the olive crop fails, and the fields lie empty and barren; even though the flocks die in the fields, and the cattle barns are empty, ¹⁸ yet I will rejoice in the LORD! I will be joyful in the God of my salvation! ¹⁹ The Sovereign LORD is my strength! He makes me as surefooted as a deer, able to tread upon the heights.

Healing: Psalm 119: 92–93

92 If your instructions hadn't sustained me with joy, I would have died in my misery. 93 I will never forget your commandments, for by them you give me life.

Restoration: Job 8:6

⁶ and if you are pure and live with integrity, He will surely rise up and restore your happy home.

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Hope: 1 Timothy 1:1

¹ This letter is from Paul, an apostle of Christ Jesus, appointed by the command of God our Savior and Christ Jesus, who gives us hope.

Healing: Acts 9:40-41

⁴⁰ But Peter asked them all to leave the room; then he knelt and prayed. Turning to the body he said, "Get up, Tabitha." And she opened her eyes! When she saw Peter, she sat up! ⁴¹ He gave her his hand and helped her up. Then he called in the widows and all the believers, and he presented her to them alive.

Restoration: Hebrews 1:1-5

¹ Long ago God spoke many times and in many ways to our ancestors through the prophets. ² And now in these final days, He has spoken to us through His Son. God promised everything to the Son as an inheritance, and through the Son He created the universe. ³ The Son radiates God's own glory and expresses the very character of God, and He sustains everything by the mighty power of His command. When He had cleansed us from our sins, He sat down in the place of honour at the right hand of the majestic God in heaven. ⁴ This shows that the Son is far greater than the angels, just as the name God gave Him is greater than their names. ⁵ For God never said to any angel what He said to Jesus: "You are My Son. Today I have become your Father." God also said, *"I will be His Father, and He will be My Son."*



Hope: Acts 23:6

⁶ Paul realized that some members of the high council were Sadducees and some were Pharisees, so he shouted, "Brothers, I am a Pharisee, as were my ancestors! And I am on trial because my hope is in the resurrection of the dead!"

Healing: Psalm 34:20

20 For the LORD protects the bones of the righteous; not one of them is broken!

Restoration: Isaiah 11:6-9

⁶ In that day the wolf and the lamb will live together; the leopard will lie down with the baby goat. The calf and the yearling will be safe with the lion, and a little child will lead them all. ⁷ The cow will graze near the bear. The cub and the calf will lie down together. The lion will eat hay like a cow. ⁸ The baby will play safely near the hole of a cobra. Yes, a little child will put its hand in a nest of deadly snakes without harm. ⁹ Nothing will hurt or destroy in all my holy mountain, for as the waters fill the sea, so the earth will be filled with people who know the LORD.

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Hope: Proverbs 14:32

³² The wicked are crushed by disaster, but the godly have a refuge when they die.

Healing: Matthew 15:29-31

²⁹ Jesus returned to the Sea of Galilee and climbed a hill and sat down. ³⁰ A vast crowd brought to Him people who were lame, blind, crippled, those who couldn't speak, and many others. They laid them before Jesus, and He healed them all. ³¹ The crowd was amazed! Those who hadn't been able to speak were talking, the crippled were made well, the lame were walking, and the blind could see again! And they praised the God of Israel.

Restoration: Psalm 45:10-15

¹⁰ Listen to me, O royal daughter; take to heart what I say. Forget your people and your family far away. ¹¹ For your royal husband delights in your beauty; honour him, for He is your lord. ¹² The princess of Tyre will shower you with gifts. The wealthy will beg your favour. ¹³ The bride, a princess, looks glorious in her golden gown. ¹⁴ In her beautiful robes, she is led to the king, accompanied by her bridesmaids. ¹⁵ What a joyful and enthusiastic procession as they enter the king's palace!

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Hope: 1 Thessalonians 4:13

¹³ And now, dear brothers and sisters, we want you to know what will happen to the believers who have died so you will not grieve like people who have no hope.

Healing: Matthew 28:6-7

⁶He isn't here! He is risen from the dead, just as He said would happen. Come, see where His body was lying. ⁷And now, go quickly and tell His disciples that He has risen from the dead, and He is going ahead of you to Galilee. You will see Him there. Remember what I have told you."

Restoration: Ezra 3:1-5

¹ In early autumn, when the Israelites had settled in their towns, all the people assembled in Jerusalem with a unified purpose. ² Then Jeshua son of Jehozadak joined his fellow priests and Zerubbabel son of Shealtiel with his family in rebuilding the altar of the God of Israel. They wanted to sacrifice burnt offerings on it, as instructed in the Law of Moses, the man of God. ³ Even though the people were afraid of the local residents, they rebuilt the altar at its old site. Then they began to sacrifice burnt offerings on the altar to the LORD each morning and evening.⁴ They celebrated the Festival of Shelters as prescribed in the Law, sacrificing the number of burnt offerings specified for each day of the festival. ⁵ They also offered the regular burnt offerings and the offerings required for the new moon celebrations and the annual festivals as prescribed by the LORD. The people also gave voluntary offerings to the LORD.



Hope: Psalm 94:18-19

¹⁸ I cried out, "I am slipping!" but your unfailing love, O LORD, supported me.¹⁹ When doubts filled my mind, your comfort gave me renewed hope and cheer.

Healing: Acts 9:17-18

¹⁷ So Ananias went and found Saul. He laid his hands on him and said, "Brother Saul, the Lord Jesus, who appeared to you on the road, has sent me so that you might regain your sight and be filled with the Holy Spirit." ¹⁸ Instantly something like scales fell from Saul's eyes, and he regained his sight. Then he got up and was baptized.

Restoration: Amos 9:11-12

¹¹ "In that day I will restore the fallen house of David. I will repair its damaged walls. From the ruins I will rebuild it and restore its former glory.
¹² And Israel will possess what is left of Edom and all the nations I have called to be mine." The LORD has spoken, and He will do these things.

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Hope: Colossians 1:27

²⁷ For God wanted them to know that the riches and glory of Christ are for you Gentiles, too. And this is the secret: Christ lives in you. This gives you assurance of sharing His glory.

Healing: Psalm 6:3-4

³I am sick at heart. How long, O LORD, until you restore me? ⁴Return, O LORD, and rescue me. Save me because of your unfailing love.

Restoration: Psalm 86:4-7

⁴ Give me happiness, O Lord, for I give myself to you. ⁵ O Lord, you are so good, so ready to forgive, so full of unfailing love for all who ask for your help.
⁶ Listen closely to my prayer, O LORD; hear my urgent cry. ⁷ I will call to you whenever I'm in trouble, and you will answer.



Hope: Isaiah 55:10–11

¹⁰ "The rain and snow come down from the heavens and stay on the ground to water the earth. They cause the grain to grow, producing seed for the farmer and bread for the hungry. ¹¹ It is the same with My word. I send it out, and it always produces fruit. It will accomplish all I want it to, and it will prosper everywhere I send it.

Healing: Matthew 14:34-35

³⁴ After they had crossed the lake, they landed at Gennesaret. ³⁵ When the people recognized Jesus, the news of His arrival spread quickly throughout the whole area, and soon people were bringing all their sick to be healed.

Restoration: Joshua 21:43-45

⁴³ So the LORD gave to Israel all the land He had sworn to give their ancestors, and they took possession of it and settled there. ⁴⁴ And the LORD gave them rest on every side, just as He had solemnly promised their ancestors. None of their enemies could stand against them, for the LORD helped them conquer all their enemies. ⁴⁵ Not a single one of all the good promises the LORD had given to the family of Israel was left unfulfilled; everything He had spoken came true.

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ABOUT THE AUTHOR

LINDA GOBODO

Linda Gobodo is an apostle of Jesus Christ, and the founder of Vuka Africa Foundation which heralds the message of Hope, Healing and Restoration, calling Africans in the continent and diaspora to take responsibility to rebuild their nation. She was a Pastor of His Kingdom Church Ministries for 10 years since 1997, before receiving a call to establish the House of Prayer in the nations, to awake and prepare the Church for the second coming of the Lord.



Since then, she has been travelling across the continent and beyond preaching the Gospel of the Kingdom and declaring the message of hope, healing and restoration for the continent and the people of Africa.

She is one of the leaders of the South African Committee of the Pastors and Ministers Prayer Network-Africa, South African Prayer Movement for Change (SAPMC) and Intercessors for South Africa (IFSA) and serves many other kingdom initiatives in South Africa, the continent and beyond.

She has been awarded with an Honorary Doctorate in Divinity from CICA International University & Seminary in New York, USA and the Order of Ministry of Stateswoman.

Her passion is to raise and equip leaders in the area of their calling and gifting through discipleship, and to release them to function in different domains in the marketplace, in so doing, advance the kingdom of God to all spheres of life.

Linda Gobodo lives in Johannesburg. She is an author, song writer, a mother of three, and grandmother of seven.



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